





INSTRUCTIONS AND USER MANUAL

RAPID EXTRACTION SKED[®] (LOW PROFILE) PAT. PENDING





SKED® SAVES LIVES

Congratulations on your purchase of the Sked® Rescue System. You will find it a valuable tool that will enable rescues to be performed safer, faster, and easier. The Sked® Stretcher is an entirely different concept in stretcher design. Therefore, potential rescuers should practice and familiarize themselves with the Sked® prior to using it on an actual rescue.

The Sked[®] Stretcher provides excellent patient support and protection. However, it is NOT designed as a spinal immobilization device. If a spinal injury is suspected, secure the patient to an approved spinal immobilization device prior to placing him/her in the Sked[®]. The Sked[®] Stretcher will accommodate long and short backboards, scoop stretchers, Oregon Spine Splint II[™] and most other immobilization equipment. A backboard must be used in conjunction with the Sked[®] Stretcher on patients who have sustained injuries to the shoulder area.

NEVER SUSPEND THE SKED® STRETCHER BY THE GROMMETS. Use the slings and webbing in the manner for which they are provided. The Sked® Stretcher should be stored in the cordura pack, as prolonged exposure to sunlight (UV rays) can damage all plastics.

Skedco manufactures several other components for the Sked[®]. Those components will enable you to use your Sked[®] for many different types of rescues. Confined space, high angle, rough terrain, military, and water rescues are some of the applications of the Sked[®]. See your Skedco catalog for the proper components for your Sked[®] application.

ALWAYS use a tag line when hoisting a Sked[®] or any other kind of stretcher by helicopter because without it all litters can spin.

Thank you for purchasing the Sked® Rescue System. Please contact us if you have any questions, comments, or suggestions. We always appreciate input from our customers.

> Sincerely, SKEDCO, INC. SKEDCO.COM 1.800.770.SKED (7533)

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RAPID EXTRICATION SKED® (LOW PROFILE)



TO UNROLL SKED® STRETCHER AND LAY FLAT



1. Unbuckle the foot end straps and pull upward on them to partially unroll the Sked.



3. After it is completely unrolled, grasp the head end with one hand and move one foot to the side while standing on the Sked with the other foot.

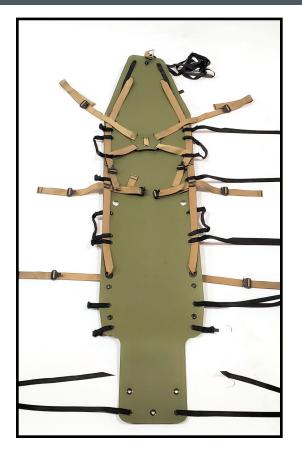


2. Step or kneel on the foot end of the Sked and place your hands under the rolled part of the Sked and lift up on the rolled part causing it to unroll in your hands as you lift.



4. Reach around the backside of the Sked and fold it over your arm. Then reverse-roll it against your body and drop it to the ground. Do the same on the foot end and the Sked will lay completely flat.

TO PLACE A PATIENT ON THE SKED®:



5. Unbuckle all straps and lay them to the sides of the Sked.



6. Make a ramp for dragging the patient onto the Sked by folding a few inches of the foot end downward. This will prevent patient's clothing from hanging up on it while being dragged onto the Sked.



7. Place the foot end of the Sked at the head of the patient if possible. Drag the patient onto the Sked in line with his spine. If a spinal injury is indicated use the Oregon Spine Splint or other suitable short device. On the battlefield you may not have an immobilizer or cervical collar That is why you drag the patient in line with his spine. If his head is near an obstacle place the head end of the Sked at the patient's feet and grasp his feet to pull him onto the Sked.

TO PLACE A PATIENT ON THE SKED®



8. Fasten the leg loops around the patient's upper thighs in the groin area to keep him in the proper position in the Sked.



10. Fasten all cross straps and tighten them. Tighten all harness straps, especially the leg straps. Fasten the foot end straps making sure to keep the feet inside between the straps.



9. Bring the shoulder straps over the patient's shoulders and fasten them on the opposite side of the stretcher forming a cross over the patient's chest.



11. Now the Sked can be dragged.

VERTICAL LIFT/DESCENT



12. For doing a vertical lift, curl the head end of the Sked above the patient's head by pulling down on the drag handle webbing and tie it off onto the second cross strap using an overhand knot. This will protect patient from small falling objects. Then tuck the drag handle away so it isn't in the way. Release the triangular screw link from the grommet at the top and clip it into the winch hook or haul system.



13. It is necessary to bring the patient in the Sked into a sitting position prior to hoisting to prevent lifting his head and causing discomfort or injury.

HORIZONTAL LIFT/DESCENT



14. When hoisting the Sked in the horizontal position pull the head end of the Sked up over the patient's head by pulling downward on the drag strap. Tie the drag strap over the second cross strap from the head end in an overhand knot. This will help protect patient from impacting objects. Then pull the horizontal lift slings under the Sked and pass them into the round holes on the sides of the Sked.

15. The included 1 inch lift sling labeled as "FOOT STRAP" is attached by pulling the center of the strap under the foot end of the Sked and passing the ends inward through the 1.5 inch round holes near the patient's feet.



16. Using the provided carabiner, secure the ends of the straps over the patient and lock the carabiner. Clip the locked carabiner into the winch hook or haul system.

It is necessary to use a tagline attached at the foot end or side of the Sked to
prevent litter spin under a helicopter as all litters can spin during hoist.

ROLLING UP THE SKED

Putting the Sked away after use. Inspect all parts of the Sked for damage or excessive wear. Replace any damaged parts.



1. Fasten all buckles and straps as shown on page 1.



3. Continue rolling it and when you reach the end continue rolling over the extended straps until the straps encircle the Sked.



2. Start rolling the Sked from the head end as tight as possible. Use your knee or knees to keep the Sked as small as you can.



4. Fasten the cobra buckles and tighten the straps.





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